



# “BE NOT ANXIOUS”

Phil 4:6

“In nothing be anxious; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.”

## Phil 1:21-24

“For to me to live is Christ, and to die is gain. But if to live in the flesh, — (if) this shall bring fruit from my work, then what I shall choose I know not. But I am in a strait betwixt the two, having the desire to depart and be with Christ; for it is very far better: yet to abide in the flesh is more needful for your sake.”

"Do today's duty, fight today's temptations, and do not weaken and distract yourself by looking forward to things you cannot see, and could not understand if you saw them."

Charles Kingsley

## What is the remedy?

"Trust in the Lord with all thy heart, and lean not upon thine own understanding. In all thy ways acknowledge him, and he will direct thy paths." Prov 3:5,6

"In nothing be anxious, but in everything by prayer and supplication with thanksgiving let your request be made known unto God." Phil 4:6

## Matt 6:25-26

"Be not anxious for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than the food, and the body than the raiment? Behold the birds of the heaven, that they sow not, neither do they reap, nor gather into barns; and your heavenly Father feedeth them. Are not ye of much more value then they?"

God is.

He lives.

He is mindful of us.

God will take care of us.

"And without faith it is impossible to be well-pleasing unto him; for he that cometh to God must believe that he is, and that he is a rewarder of them that seek after him." Heb 11:6

# GIVE THANKS IN EVERYTHING

- In church affairs
- In business
- In pleasures
- In social life
- In rearing children
- In sickness, temptations, trials and disappointments



## The result if we follow Paul's advice

"And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus." Phil 4:7

Heb 13:5-6 "Be ye free from the love of money; content with such things as ye have: for himself hath said, 'I will in no wise fail thee, neither will I in any wise forsake thee.' So that with good courage we say, The Lord is my helper; I will not fear What shall man do unto me?"

Ps 23:4

"Yea, thou I walk through the valley of the shadow of death, I will fear no evil; for thou art with me; Thy rod and thy staff, they comfort me."

John 14:27

"Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful."

Rom 8:28

"And **we know** that to them that love God all things work together for good, even to them that are called according to his purpose."

