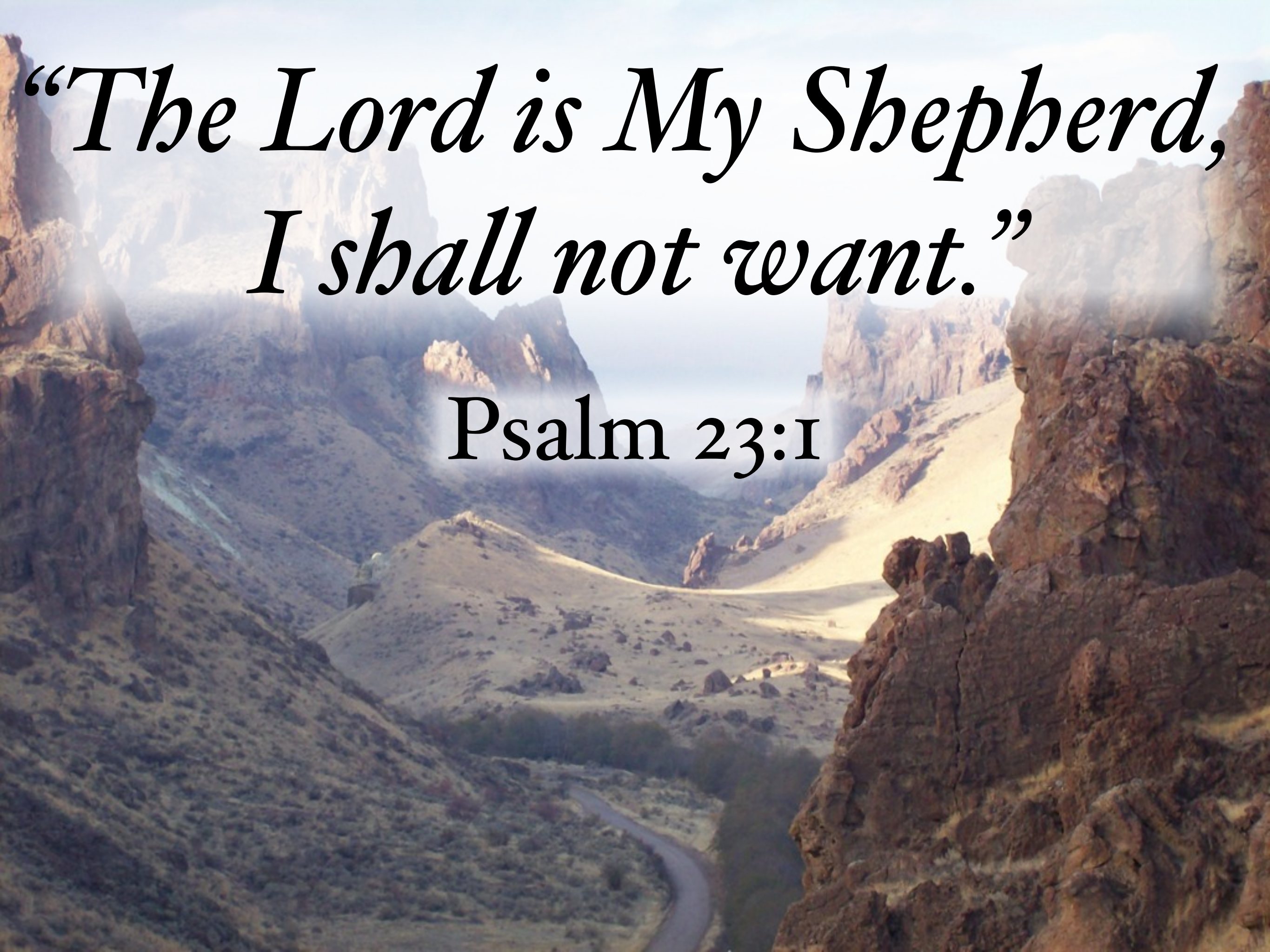


“Restore My Soul”
Walking Through The Valley

Psalm 23



*“The Lord is My Shepherd,
I shall not want.”*

Psalm 23:1

“Restore”

“to turn back, return, to refresh,
to repair, to bring back”



“My”

*“My life is continually in my hand,
yet I do not forget Your law.”*

(Psalm 119:109)

“Soul”

“soul, self, life, creature, person,
appetite, mind, living being,
desire, emotion, passion”

We Must “Walk”

*17-21 million diagnosed depression.

*1 in 5 suffer mental disorder.

*4 of 10 leading causes of disability.

*20% of Drs.’ appt. related to anxiety.

*1996 to 2005, usage of anti-depressants more than doubled.

We Must “Walk”

“He makes...He leads...He restores...He leads...”

“For His name sake”

We Must Walk “Through”

Have You Cried (Psalm 56:8)

Have You Counseled (Proverbs 11:14)

Have You Considered (Psalm 119:24)

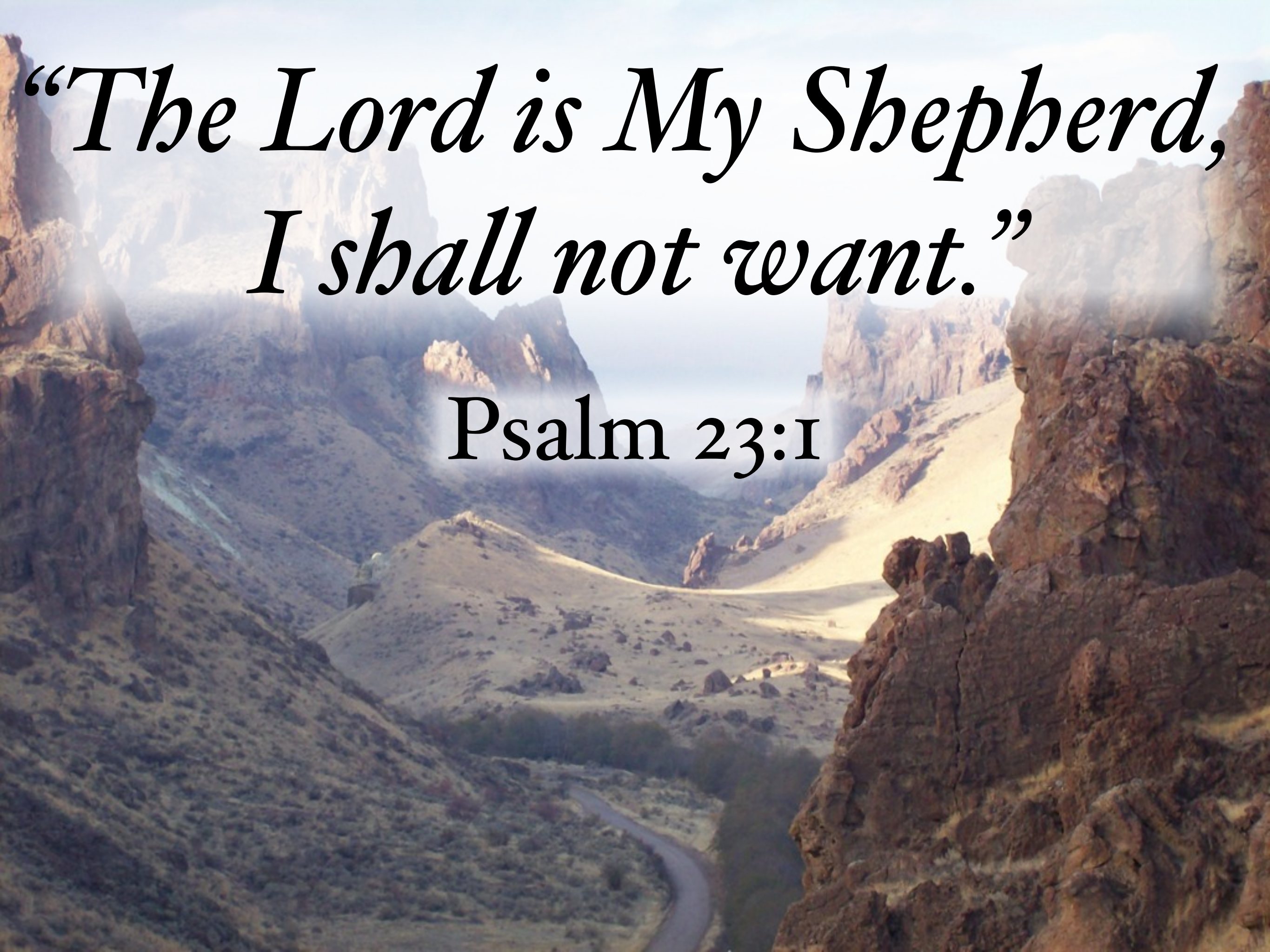
We Must Walk Through “The Valley”

The valley of Psalm 32

The valley of Psalm 102

The valley of Lamentations 3

The valley of Psalm 23

A scenic view of a mountain valley. In the foreground, there are dark, jagged rock formations. The middle ground shows a wide, sandy valley with a winding river. The background features more rugged mountains under a clear sky. The text is overlaid on the upper part of the image.

*“The Lord is My Shepherd,
I shall not want.”*

Psalm 23:1