

# Around the Table



Heart of Worship Series #9

“And on the day called Sunday there is a gathering together in the same place of all who live in a city or rural district. The memoirs of the apostles or the writings of the prophets are read, as long as time permits. Then when the reader ceases, the president in a discourse admonishes and encourages the imitation of these good things. Next we all rise together and send up prayers. And, as I said before, when we cease from our prayer, bread is presented and wine and water. The president in the same



manner sends prayers and thanksgiving according to his ability, and the people sing out their assent saying the “Amen.” A distribution and participation of the elements for which thanks have been given is made to each person, and to those who are not present it is sent by the deacons. Those who have means and are willing, each according to his own choice, gives what he wills, and what is collected is deposited with the president.”

– Justin Martyr (AD 100-165), *Apology I*







**What is the Lord's Supper?**



*A meal served by God*

**What is the Lord's Supper?**



*A meal served by God*

*An important part  
of worship*

**What is the Lord's Supper?**





**Why Do We Observe the Supper?**



**1 Corinthians 11:23** For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, **24** and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." **25** In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." **26** For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.



*We take it to remember.*

**Why Do We Observe the Supper?**



**1 Corinthians 11:27** Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. **28** Let a person examine himself, then, and so eat of the bread and drink of the cup. **29** For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. **30** That is why many of you are weak and ill, and some have died. **31** But if we judged ourselves truly, we would not be judged. **32** But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world.



*We take it to remember.*

*We take it to examine ourselves.*

**Why Do We Observe the Supper?**



**1 Corinthians 11:33** So then, my brothers, when you come together to eat, wait for one another-- **34** if anyone is hungry, let him eat at home--so that when you come together it will not be for judgment. About the other things I will give directions when I come.



*We take it to remember.*

*We take it to examine ourselves.*

*We take it to commune together.*

**Why Do We Observe the Supper?**



**How Should We Observe the Supper?**





*With Understanding*

**How Should We Observe the Supper?**



*With Understanding*  
*The First Day of the Week*

**How Should We Observe the Supper?**



*With Understanding  
The First Day of the Week  
With Reverence and Joy*

**How Should We Observe the Supper?**



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