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# "Abstain from every form of evil."

- 1 Thessalonians 5:22

#### 1 Thessalonians 5:19-22 19 Do not quench the Spirit; 20 do not despise prophetic utterances. 21 But examine everything carefully; hold fast to that which is good; 22 abstain from every form of evil.



# Simple Instructions: Test Everything



### **Test Everything**



1 John 4:1 - Beloved, do not believe every spirit, but test the spirits to see whether they are from God, because many false prophets have gone out into the world.

## Simple Instructions:

## Test Everything Hold Fast to What is Good





### Simple Instructions:

Test Everything
Hold Fast to What is Good
Abstain from Evil



#### **Abstain from Evil**



Galatians 5:19-21 - 19 Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, 20 idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, 21 envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

#### **Weekly Challenge**



This week, before I post or say anything, I will stop to make sure it is true.