









"Isaiah 41:10. Rita Williams shared this as a passage that helped her when caring for her mother and aunts. I was caring for my mother at the time. As all know it can be tiring, frustrating and difficult during those days. It along with Philippians 4:6-7 are still taped to our bathroom mirror. They give me strength for each day!" - Debbie Wiles

"Philippians 4:6-7. I have always loved this passage of scripture, but we found it extremely helpful as we dealt with Billie's cancer diagnosis and the very challenging year of surgery, chemo and radiation. The admonition to'not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which

transcends all understanding, will guard your hearts and your minds in Christ Jesus.' We found this to be very comforting as we took one day at a time to help us get through it. We were conscious of trying to model our faith to our family and friends. We experienced the peace found in this passage."

- Dennis Stephen

1 "Coastlands, listen to Me in silence, and let the peoples gain new strength; Let them come forward, then let them speak; Let us come together for judgment. 2 Who has aroused one from the east whom He calls in righteousness to His feet? He

delivers up nations before him and subdues kings. He makes them like dust with his sword, as the wind-driven chaff with his bow. 3 He pursues them, passing on in safety, By a way he had not been traversing with his feet. 4 Who has

performed and accomplished it, calling forth the generations from the beginning? 'I, the Lord, am the first, and with the last. I am He.'" 5 The coastlands have seen and are afraid; The ends of the earth tremble; They have drawn near and have come. 6

Each one helps his neighbor And says to his brother, "Be strong!" 7 So the craftsman encourages the smelter, and he who smooths metal with the hammer encourages him who beats the anvil, saying of the soldering, "It is good"; and

he fastens it with nails, So that it will not totter. 8 "But you, Israel, My servant, Jacob whom I have chosen, descendant of Abraham My friend, 9 You whom I have taken from the ends of the earth, and called from its remotest parts and said to

you, 'You are My servant, I have chosen you and not rejected you. 10 Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.'



4:6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will

Philippians

guard your hearts and your minds in Christ Jesus. 8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any



excellence and if anything worthy of praise, dwell on these things. 9 The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.



Give Your Thoughts to the One you Serve.

2 "Had it not been the Lord who was on our side when men rose up against us, 3 Then they would have swallowed us alive, When their anger was kindled against us..."



Psalm 124:2-3

31 What then shall we say to these things? If God is for us, who is against us? 32 He who did not spare His own Son, but delivered Him over for us all, how will He not also with Him freely give us all things?

LIGHT for my PATH Romans 8:31-32

Give Your Thoughts to the One you Serve.

Give Thought to Where You Dwell.

5 We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ, 6 and we are ready to punish all disobedience, whenever your obedience is complete.

LIGHT For my PATH

2 Corinthians 10:5-6

Give Thought to Where You Dwell.

Am I cultivating peace?