











Numbers 14

1 Then all the congregation lifted up their voices and cried, and the people wept that night. 2 All the sons of Israel grumbled against Moses and Aaron; and the whole congregation said to them, "Would that we had died in the land of Egypt! Or would that we had

died in this wilderness! 3 Why is the Lord bringing us into this land, to fall by the sword? Our wives and our little ones will become plunder; would it not be better for us to return to Egypt?" 4 So they said to one another, "Let us appoint a leader and return to Egypt." 5 Then Moses and Aaron fell

on their faces in the presence of all the assembly of the congregation of the sons of Israel. 6 Joshua the son of Nun and Caleb the son of Jephunneh, of those who had spied out the land, tore their clothes; 7 and they spoke to all the congregation of the sons of Israel, saying, "The land which we passed

through to spy out is an exceedingly good land. 8 If the Lord is pleased with us, then He will bring us into this land and give it to us—a land which flows with milk and honey. 9 Only do not rebel against the Lord; and do not fear the people of the land, for they will be our prey. Their protection has been

removed from them, and the Lord is with us; do not fear them."





When we focus on ourselves, we feed our fears.

When we focus on ourselves, we feed our fears.

When we focus on God, we feed our faith.

What am I feeding?

What are we feeding?



When we focus on ourselves, we feed our fears.

When we focus on God, we feed our faith.