



**“WHAT WE OUGHT TO DO
WHEN WE’RE
OVERWHELMED”**

(Psalm 31)

overwhelm

- “submerge”
- “crush”

Psalm
31:9-13





TRUST GOD

(Psalm 31:1, 6, 14)



REMEMBER HIS GOODNESS

(Psalm 31:7-8, 19-22)



WAIT ON HIM

(Psalm 31:23-24)

